

# Holy Trinity Orthodox Church



**Fr. Luke Mihaly**

74 Joes Hill Road  
Danbury, CT 06811  
Rectory (203) 748-0671  
Cell (203) 482-6223

[PadreLuke@aol.com](mailto:PadreLuke@aol.com)

[www.holytrinitydanbury.org](http://www.holytrinitydanbury.org)

<https://www.facebook.com/htocdanbury/?fref=hovercard>

Diocesan Website: [www.acrod.org](http://www.acrod.org)

Camp Nazareth:  
<http://www.campnazareth.org>

Facebook:  
<https://www.facebook.com/acroddiocese>

You Tube: <https://youtube.com/acroddiocese>

Recommended Orthodox Internet  
Ministries  
<http://myocn.net/>

<http://www.ancientfaith.com/>

Services/Events	1
Adult Ed	2
Church Store	2
Calling Crafters	2
Dorothy Day	2
Easter Bake Sale	2
Church School	2
Pussy Willows	2
Coffee Hour	3
Clothing drive ending	3
Birthdays/Anniversaries	3
Educational Scholarship	3
Tomb Vigil	3
Upcoming Events	3
Pascha Breads	4
Lazarus Saturday	4
Lenten Fasting Guidelines	4

## Welcome to Holy Trinity Parish

Today is the Sunday of St. Mary of Egypt. The Epistle is from Hebrews 9:11-14. The Gospel is from Mark 10:32-45. Saint Eutychius.

Holy Trinity is a diverse and welcoming parish of the Carpatho Russian Diocese, under the Ecumenical Patriarchate.

His Eminence, Metropolitan Gregory of Nyssa, is our diocesan ruling hierarch.

Divine Liturgy is offered Sunday at 10 am. As reminder only those Orthodox Christians who are properly prepared are invited to receive Holy Communion.

Everyone is invited downstairs following Divine Liturgy for Coffee Hour and Fellowship.



Come down and meet Fr. Luke and the parishioners.

Our parish offers many opportunities to pray, to study and learn more about Jesus Christ and His Holy Orthodox Church.

If you have any questions about the Orthodox Church, our Faith, or our parish please feel free to contact Fr. Luke. He is more than happy to meet with you and talk.

## Schedule of Services and Events for this week

**Sunday, April 6, 9:30 AM** – Chrismation of Ella, Javier, Elissa, Elena and Stephen

**Sunday, April 5, 10 AM** – Divine Liturgy – St. Mary of Egypt

**Monday, April 7, 7 PM** – Spirituality Class

**Tuesday, April 8, 9 AM** – Akathist

**Wednesday, April 9, 6 PM** – Presanctified followed by meal and class

**Thursday, April 10, 9 AM** – New Testament Class

**Friday, April 11, 9 AM** – Old Testament Class

**Friday, April 11, 1:30 PM to 4:30 PM** – Dorothy Day Soup Kitchen

**Saturday, April 12, 9 AM** – Lazarus Saturday Divine Liturgy

**Saturday, April 12, 10 AM to 12 noon** – Breakfast and then

Youth Activities – making Palm Crosses, decorating Luminaries and dying Easter Eggs

**Saturday, April 12, 2 PM** – Baptism of Briana

**Saturday, April 12, 5 PM** – Vespers for Palm Sunday

**Sunday, April 13, 10 AM** – Palm Sunday

**Sunday, April 13, 4 PM** – Bridegroom Matins at St. John's Mill Hill Avenue

Please remember to sign up and subscribing on our parish web site [www.holytrinitydanbury.org](http://www.holytrinitydanbury.org)

And to those with a Facebook account please like our Facebook page posts associated with the fundraising events here <https://www.facebook.com/htocdanbury/?fref=hovercard> so the word gets out.

**Easter Bake and Craft Sale**—Thank you to everyone who helped making perogies, stuffed cabbage, rolls and Pascha breads. Set-up, clean up, helping with the bulk mailing, filling orders, working the kitchen all our vendors. Our Easter Craft and Bake Sale was very successful!

**Parish Café - Holy Trinity** will be hosting a monthly café. Parishioners are invited to drop by for coffee, a homemade sweet treat from our kitchen and conversation with Fr. Luke and other members of the parish. We'd like to hear from you about what else you'd like to see at the café in the way of activities, games, new things to learn about or any other ideas. We also want to know what day and time would work best for you. Look for a suggestion box in the hall or share your ideas with Lauren Mihaylo, Susan Sulich or Fr. Luke.

## Dorothy Day

**Dorothy Day Update**—Thank you to all the people who showed up to help serve at Dorothy Day this past Friday. It was great to have so many parishioners show interest and learn the process of preparing and serving. The indoor dining went well, and we kept ahead of the crowds all day serving over 140 hot meals and bag lunches. Our next date to serve will be Friday, April 11<sup>th</sup> from 1:30-4:45 p.m. If you wish to serve on that date, please let Susan Sulich know.

## Church School Updates

**Church School Updates**—Starting this Sunday, Feb. 2<sup>nd</sup>, we will be having church school every other Sunday. In addition to the wonderful lessons taught by Leon we will be adding two additional teachers helping with the educational activities: Elissa and Stasia. Church school activities are for all children age 10 and under. Church school students will be first to venerate the cross so they can head downstairs right after Liturgy. **March 30<sup>th</sup> and April 6<sup>th</sup>**

## Adult Education Opportunities

We have several adult education classes going on currently that are also online:

**Spirituality Class** – Mondays at 7:00 p.m. This week we are starting a new book: *Thinking Orthodox* by Dr. Eugenia Constantinou

**Catechism Class** – Wednesdays at 7:00 p.m. For those studying to come

into the Church and those in the Church who want to deepen their understanding and participation in the Faith. New Book by Fr. Lawrence Barriger entitled: *Insights into the Orthodox Faith*.

**New Testament** – Thursdays at 9:00 a.m. currently we are reading

and studying *St. Paul's Epistle to the Hebrews*

**Old Testament Class** – Fridays at 9:00 a.m. We are in **Proverbs**.

All classes will take place in the church hall. We will also make them available via Zoom for those who cannot attend in person. (live, same credentials).

**Church Store**—We have many new items in our Church Store. Check out our selection of books for summer reading, beautiful icons, jewelry, and religious items. We have many children's offerings and items perfect for gift giving. Your purchase also benefits the parish. If there are any items you would like to see in our store, please let Lisa Farrah or Sarah Mannello know.

**Soup to Share**—Soup season is here! If you are making soup and you have some extra to spare, consider putting it in a freezer container for "Soup to Share." We will keep these in the freezer in the church hall so that if someone is planning to visit a parishioner and would like to bring a warming meal, they will be available. We also have containers at the church you can use. Please label container with name of soup and main ingredients. Thank you!

**Time For Pussy Willows**—In just 2 weeks it will be Palm Sunday, and we are in need of pussy willows. They are just starting to come out. If you are able to get any, please bring to the church. Do not put in water. Thank you!

## Coffee Hour

**Coffee Hour**—Our coffee hour is a great opportunity to spend time together and share a meal. It's potluck so If there's an item or dish, you'd like to bring please feel free to do so. No one needs to do the whole coffee hour! All offerings are welcome.

## | Clothing Drive Ending!

Our Clothing Drive will end **Saturday, March 29<sup>th</sup>**. So go through your closets, dressers and drawers. **Thank you to Ann Huott and the entire Huott family** for their work overseeing this huge effort!

## |Sign up for Tomb Vigil

The sign-up sheet to guard the tomb is out by the candle stand. Please fill in your name for the hour you choose to guard the tomb.

## Upcoming Events

**Dorothy Day**—Fri., April 11<sup>th</sup> 1:30-4:45 p.m.

**Lazarus Saturday Liturgy and Family Activities**—Saturday, April 12<sup>th</sup>

**Pascha Resurrection Services** - Saturday, April 19, 11 PM

## Educational Scholarships Available

Applications are available for our scholarship fund. This fund was established by generous donors to perpetuate the values and beliefs of the Orthodox Christian Faith by financially supporting the education of active parishioners. Scholarships are available to active members of our parish for any type of post-secondary education or training. The scholarship is to

be awarded to members of Holy Trinity Orthodox Church based on several criteria:

- Available to any student/parishioner furthering his or her education
- Must be a full and active member of Holy Trinity Orthodox Church
- Involved in philanthropic activities

• Recipient must accept the scholarship in person.

Scholarship will be paid directly to the financial institution. Contact Fr. Luke for an application. Deadline for submitting applications is May 15<sup>th</sup>.

## Birthdays or Anniversaries

March	
Larisa Yarush	6
Ana Urgiles Melnic	7
Taylor Freitas	8
Amy Davids	8
Mia Paltauf	9
Mary Gander	10
Aidan McVeigh	12
Anthony Villa	16
Ella Silvera	16
Yennifer Nunez	17
Vida Bundra	24
Peter Astras	24
Marika Gutzman (Names Day)	25
Leon & Lady Guerrero Anniversary	25
Orestes Mihaly	26
Michael Browne	30
Lily Mihaly	30
April	
Yvonne Labuda	3
Adam Rosenfield	5
Markus Paltauf	8
Freddy Villa	9
Sadie Xenia Mihaly	9
Maria (Paltauf) Duclos	9
Katarina Mihaly	11
Christopher Mihaly	11
Melissa (Sulich) McVeigh	11

**If you do not see your or anyone of your family's birthday or anniversary in the list, please let Fr. Luke know**

**Holy Trinity Orthodox Church**74 Joes Hill Rd  
Danbury, CT 06811"... a place of refuge full  
of love and joy."

**Reserve Your Pascha Bread**—If you would like a Pascha bread for Easter, please put your name on the list with either Pani Bethany or Susan Sulich. We will be making a batch after our bake sale but can only make a limited quantity so please let us know asap if you would like one.

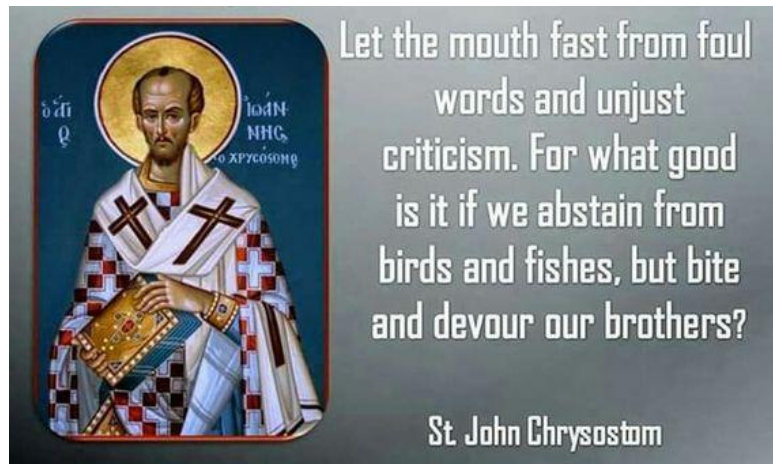
**Lazarus Saturday**—On Saturday April 12<sup>th</sup> we will have liturgy for Lazarus Saturday. Following the liturgy there will be breakfast and a host of activities for all ages. We will be making palm crosses, decorating the church for Palm Sunday and making luminaries to set on the path for Pascha midnight service and other activities for the children. We will also be looking for people to help clean up the grounds and the walkway around the church in preparation for Holy Week and Pascha. Please plan to join us!

**Please Help Restock Our Kitchen**—We are in need of paper towels and decaf coffee. Thank you!

As we begin Lent together, the following minimal fasting regulations are designated for our clergy and faithful:

- 1) Monday, March 3 (Clean Monday), the first day of the Fast, is a day of strict abstinence; likewise Great and Holy Friday, and Great and Holy Saturday, namely April 17 and 18 are days of strict abstinence. On these days, no meat or dairy products may be eaten.
- 2) All Wednesdays and Fridays during this entire Season are days of abstinence from meat.
- 3) Meat and meat products may not be eaten during all Holy Week, namely April 14 through April 19
- 4) For the evening Pre-sanctified Liturgy, a minimum three-hours fast from all food and drink must be observed before the reception of Holy Communion. Normal fasting from midnight is still practiced before the Liturgies of St. John Chrysostom and St. Basil the Great.

These are the minimal requirements to observe during this Season. But for those of stronger body and more willing spirit, I wholeheartedly recommend the penitential practices of a sterner quality which the time-honored traditions and customs of our Holy Orthodox Church have handed down to us.



On weekdays (Monday to Friday inclusive) during the seven weeks of Lent, there are restrictions both on the *number* of meals taken daily and on the *types of food* permitted; but when a meal is allowed, there is no fixed limitation on the *quantity* of food to be eaten.

*[This material is taken from the introduction to The Lenten Triodion. In modern practice, the above rules tend to be somewhat relaxed, and they have always been relaxed for children and the infirm. Fast as you are able and consult Fr. Luke as needed. As you eat less physical food, it is important to increase your intake of spiritual food – prayer and reading scripture and the fathers of the Church.]*