

Holy Trinity Orthodox Church



Fr. Luke Mihaly

74 Joes Hill Road
Danbury, CT 06811
Rectory (203) 748-0671
Cell (203) 482-6223

PadreLuke@aol.com

www.holytrinitydanbury.org

<https://www.facebook.com/htocdanbury/?fref=hovercard>

Diocesan Website: www.acrod.org

Camp Nazareth:

<http://www.campnazareth.org>

Facebook:

<https://www.facebook.com/acroddiocese>

You Tube: <https://youtube.com/acroddiocese>

Recommended Orthodox Internet Ministries

<http://myocn.net/>

<http://www.ancientfaith.com/>

Services/Events	1
Adult Ed	2
Church Store	2
Dorothy Day	2
Church School	2
Bright Saturday Party	2
Coffee Hour	3
Clothing drive ending	3
Birthdays/Anniversaries	3
Educational Scholarship	3
Red Eggs Needed	3
Upcoming Events	3
Pascha Breads	4
Lenten Fasting Guidelines	4

Welcome to Holy Trinity Parish

Today is Palm Sunday. The Epistle is from Philippians 4:4-9. The Gospel is from John 12:1-18..

Holy Trinity is a diverse and welcoming parish of the Carpatho Russian Diocese, under the Ecumenical Patriarchate.

His Eminence, Metropolitan Gregory of Nyssa, is our diocesan ruling hierarch.

Divine Liturgy is offered Sunday at 10 am. As reminder only those Orthodox Christians who are properly prepared are invited to receive Holy Communion.

Everyone is invited downstairs following Divine Liturgy for Coffee Hour and Fellowship.



Come down and meet Fr. Luke and the parishioners.

Our parish offers many opportunities to pray, to study and learn more about Jesus Christ and His Holy Orthodox Church.

If you have any questions about the Orthodox Church, our Faith, or our parish please feel free to contact Fr. Luke. He is more than happy to meet with you and talk.

Schedule of Services and Events for this week

Sunday, April 13, 10 AM – Palm Sunday followed by Panachida for Nancy, Grace’s mom and Pani Donna Smoley

Sunday, April 13, 11:30 AM – Church School

Sunday, April 13, 4 PM – Bridegroom Matins at St. John’s Mill Hill Avenue

Monday, April 14, 9 AM – Bridegroom Matins

Monday, April 14, 6 PM – Presanctified Liturgy

Tuesday, April 15, 9 AM – Bridegroom Matins

Tuesday, April 15, 6 PM – Presanctified Liturgy

Wednesday, April 16, 9 AM – Bridegroom Matins

Wednesday, April 16, 12 noon – Presanctified Liturgy

Wednesday, April 16, 6 PM – Holy Unction Service

Thursday, April 17, 9 AM – Vespers Liturgy – Institution of the Eucharist

Thursday, April 17, 6 PM – Matins and the Reading of the 12 Passion Gospels

Friday, April 18, 9 AM – Royal Hours

Friday, April 18, 7 PM – Great & Holy Friday Vespers

with Procession and Guarding the Tomb

Saturday, April 19, 9 AM – Vespers Liturgy

Saturday, April 19, 11 PM – Nocturne, Paschal Matins, Paschal Divine Liturgy followed by blessing of the Baskets and Agape Meal

Sunday, April 20, 12 noon – Paschal Vespers followed by blessing of Baskets

Please remember to sign up and subscribing on our parish web site www.holytrinitydanbury.org

And to those with a Facebook account please like our Facebook page posts associated with the fundraising events here <https://www.facebook.com/htocdanbury/?fref=hovercard> so the word gets out.

Parish Café - Holy Trinity will be hosting a monthly café. Parishioners are invited to drop by for coffee, a homemade sweet treat from our kitchen and conversation with Fr. Luke and other members of the parish. We'd like to hear from you about what else you'd like to see at the café in the way of activities, games, new things to learn about or any other ideas. We also want to know what day and time would work best for you. Look for a suggestion box in the hall or share your ideas with Lauren Mihaylo, Susan Sulich or Fr. Luke.

Dorothy Day

Dorothy Day Update—

Thank you to all the people who showed up to help serve at Dorothy Day this past Friday. It was great to have so many parishioners show interest and learn the process of preparing and serving. The indoor dining went well, and we kept ahead of the crowds all day serving over 140 hot meals and bag lunches. Our next date to serve will be Friday, June 13th from 1:30-4:45 p.m. If you wish to serve on that date, please let Susan Sulich know.

Church School Updates

Church School

Updates—Starting this Sunday, Feb. 2nd, we will be having church school every other Sunday. In addition to the wonderful lessons taught by Leon we will be adding two additional teachers helping with the educational activities: Elissa and Stasia. Church school activities are for all children age 10 and under. Church school students will be first to venerate the cross so they can head downstairs right after Liturgy. **April 13th**

Bright Saturday Party

Bright Saturday Party—

Everyone is invited to a Bright Saturday party on April 26th starting at 3 p.m. (Vespers will be at 2 p.m. that day.) Potluck! Bring one of your favorite feasting foods to share with your parish family.

Adult Education Opportunities

We have several adult education classes going on currently that are also online:

Spirituality Class – Mondays at 7:00 p.m. This week we are starting a new book: *Thinking Orthodox* by Dr. Eugenia Constantinou

Catechism Class – Wednesdays at 7:00 p.m. For those studying to come

into the Church and those in the Church who want to deepen their understanding and participation in the Faith. New Book by Fr. Lawrence Barriger entitled: *Insights into the Orthodox Faith*.

New Testament – Thursdays at 9:00 a.m. currently we are reading

and studying *St. Paul's Epistle to the Hebrews*

Old Testament Class – Fridays at 9:00 a.m. We are in **Proverbs**.

All classes will take place in the church hall. We will also make them available via Zoom for those who cannot attend in person. (live, same credentials).

Church Store—We have many new items in our Church Store. Check out our selection of books for summer reading, beautiful icons, jewelry, and religious items. We have many children's offerings and items perfect for gift giving. Your purchase also benefits the parish. If there are any items you would like to see in our store, please let Lisa Farrah or Sarah Mannello know.

Soup to Share—Soup season is here! If you are making soup and you have some extra to spare, consider putting it in a freezer container for "Soup to Share." We will keep these in the freezer in the church hall so that if someone is planning to visit a parishioner and would like to bring a warming meal, they will be available. We also have containers at the church you can use. Please label container with name of soup and main ingredients. Thank you!

Coffee Hour

Coffee Hour—Our coffee hour is a great opportunity to spend time together and share a meal. It's potluck so If there's an item or dish, you'd like to bring please feel free to do so. No one needs to do the whole coffee hour! All offerings are welcome.

| Red Eggs

Red Eggs—We are in need of red eggs to give out at the Paschal Liturgy. If you are able to contribute 2 dozen red eggs, please let Susan Sulich know. Eggs should be brought to church by Saturday night.

Upcoming Events

Pascha Resurrection Services - Saturday, April 19, 11 PM

Bright Saturday Party - April 26th starting at 3 p.m. (Vespers will be at 2 p.m. that day.) Potluck!

OYMT Construction Day—Saturday, May 3rd 9 a.m. – 4 p.m. at Christ the Savior Orthodox Church in Southbury, CT

Scholarship Application Deadline—May 15th

Educational Scholarships Available— Applications are available for our scholarship fund. This fund was established by generous donors to perpetuate the values and beliefs of the Orthodox Christian Faith by financially supporting the education of active parishioners. Scholarships are available to active members of our parish for any type of post-secondary education or training. The scholarship is to

be awarded to members of Holy Trinity Orthodox Church based on several criteria:

- Available to any student/parishioner furthering his or her education
- Must be a full and active member of Holy Trinity Orthodox Church
- Involved in philanthropic activities

• Recipient must accept the scholarship in person.

Scholarship will be paid directly to the financial institution. Contact Fr. Luke for an application.

Deadline for submitting applications is May 15th.

Birthdays or Anniversaries

April	
Yvonne Labuda	3
Adam Rosenfield	5
Markus Paltauf	8
Freddy Villa	9
Sadie Xenia Mihaly	9
Maria (Paltauf) Duclos	9
Katarina Mihaly	11
Christopher Mihaly	11
Melissa (Sulich) McVeigh	11
Grace Radcliff	14
Adriano Morfa	14
Carmen Villa	15
Ignatius Michael Thompson	15
Ava Baroody	16
Melanie Sulich	17
Rosalyn Mihaylo	18
John & Dana Mihaly	20
Nectarios Moses Mihaly	20
Cassiana Reznic	21
Viorel Bundra	23
Natasha Gross	25
Zachariah Mihaly	25
Harry Fong	26
Elena Gordon	27
Logan Thompson	29

If you do not see your or anyone of your family's birthday or anniversary in the list, please let Fr. Luke know

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"... a place of refuge full of love and joy."



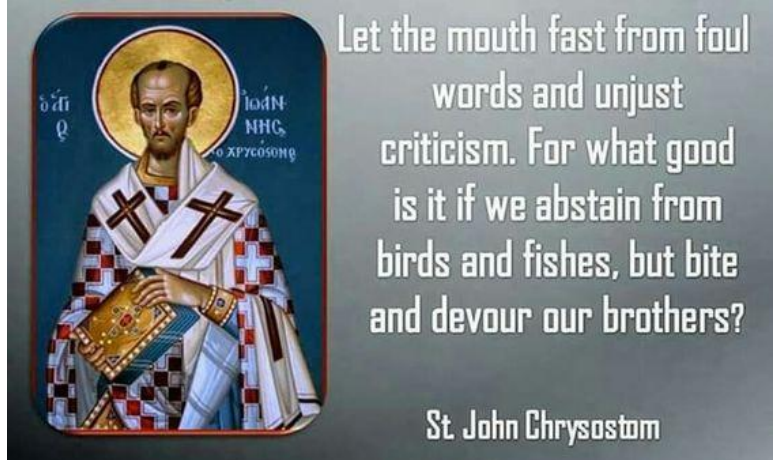
Pascha Breads—There are a limited number of Pascha Breads available. Today is the last day to order one. See Pani Bethany or Susan Sulich.

Please Help Restock Our Kitchen—We are in need of paper towels and decaf coffee. Thank you!

As we begin Lent together, the following minimal fasting regulations are designated for our clergy and faithful:

- 1) Monday, March 3 (Clean Monday), the first day of the Fast, is a day of strict abstinence; likewise Great and Holy Friday, and Great and Holy Saturday, namely April 17 and 18 are days of strict abstinence. On these days, no meat or dairy products may be eaten.
- 2) All Wednesdays and Fridays during this entire Season are days of abstinence from meat.
- 3) Meat and meat products may not be eaten during all Holy Week, namely April 14 through April 19
- 4) For the evening Pre-sanctified Liturgy, a minimum three-hours fast from all food and drink must be observed before the reception of Holy Communion. Normal fasting from midnight is still practiced before the Liturgies of St. John Chrysostom and St. Basil the Great.

These are the minimal requirements to observe during this Season. But for those of stronger body and more willing spirit, I wholeheartedly recommend the penitential practices of a sterner quality which the time-honored traditions and customs of our Holy Orthodox Church have handed down to us.



On weekdays (Monday to Friday inclusive) during the seven weeks of Lent, there are restrictions both on the *number* of meals taken daily and on the *types of food* permitted; but when a meal is allowed, there is no fixed limitation on the *quantity* of food to be eaten.

[This material is taken from the introduction to The Lenten Triodion. In modern practice, the above rules tend to be somewhat relaxed, and they have always been relaxed for children and the infirm. Fast as you are able and consult Fr. Luke as needed. As you eat less physical food, it is important to increase your intake of spiritual food – prayer and reading scripture and the fathers of the Church.]